

Yifat Leibner

Parent & Toddler Leader

Bio

Out of where I am in my professional and personal life, I feel my gift to the parents who come is an open invitation to be more awake in their path of parenting.

Every week I send out an article about different aspects of parenting from a Steiner perspective, like: discipline, boundaries, sleep, play. Then during snack time we have an opportunity to discuss it and share thoughts and ideas.

Some choose not to participate in this element of the session; but when enough of them do, it is both interesting and humbling; creating a very tender space to share struggles and support each other.

I bring almost twenty years of experience leading groups of parents with young children. Following a Bachelor of Education in Special Education, Waldorf Early Childhood training and Spatial Dynamics training, I led a home program of Waldorfinspired Nursery and Parent & Toddler groups in the USA for twelve years, before joining the Steiner Waldorf School, Pine Hill in this role. Moving to Edinburgh, our family joined the Edinburgh Steiner School, where I have been leading Parent & Toddler Groups since 2018.

I bring the underlying principles that are the foundation of Steiner early childhood education in a way that invites parents to look at their choices with compassion rather than judgment.

Handwork and craft are important doing activities in the Steiner Waldorf curriculum that continues throughout the school years. Working with a wide variety of natural materials, the current season, festivals and time of year, I bring two decades of experience leading handwork workshops to the session. They are as much for the adults as they are for the children.

If and when a family decide to move on to Seedlings/Kindergarten, they are given the opportunity to come with more understanding of what we can offer their child, beside the pink walls and beautiful wooden toys.

The choice parents make to join our Toddler Groups is the first step for many considering joining the School. It is important to me to help them feel part of our community from that moment.