



## THE EDINBURGH STEINER-WALDORF TEACHER EDUCATION COURSE (ESTEC)

The Edinburgh Steiner-Waldorf Teacher Education Course covers the principles of effective teaching for sustainable learning. You will discover and practise a range of teaching techniques which embrace the individual child in his/her developmental journey. Observation of experienced teachers and teaching practice provide practical opportunities to apply your learning and deepen your understanding of the curriculum and child development.

### COURSE FORMAT

Course length	3 years	part-time	held on Saturdays during school term-time
Venue:	Edinburgh Steiner School	one residential: Garvald Home Farm, Dolphinton, Scotland	one weekend in May
Assessment	Written assignments presentations  assessed teaching practice	To add: number with rough themes  To add: number with themes, Year end performances and project presentations  3 weeks of observation, 15 weeks of teaching practice	
Minimum entry requirements	B.A, BSc, English SCQF Level 6 Maths, SCQF Level 5	English fluency, written and oral, C1 CEFR	



**A total of 215 credits are awarded at SCQF Level 10 over the 3-years:**

### **Year One (45 credits):**

**1 SWE1: Steiner-Waldorf Curriculum and Pedagogy in Theory and Practice:** 25 credits/251 hours (122 contact + 129 independent learning)

**2 SWP1: Steiner-Waldorf Education: The Developing Individual:** 20 credits/200 hours (60 contact + 140 independent learning)

### **Year Two (85 credits):**

**3 SWE2: Steiner-Waldorf Education: Developing Understanding and Practice:** 63 credits/637 hours (103 contact + 174 independent learning + 360 teaching practice including preparation and mentored time)

**4 SWP2: Steiner-Waldorf Education: Civilisations and the Development of Humanity:** 22 credits/220 hours (58 contact + 162 independent learning)

### **Year Three (85 credit):**

**5 SWE3: Steiner-Waldorf Education: The Inspirational Professional:** 68 credits/680 hours (101 contact + 219 independent learning + 360 teaching practice including preparation and mentored time)

**6 SWP3: Steiner-Waldorf Education: Autonomy and Responsibility:** 17 credits/170 hours (53 contact + 117 independent learning)

The ESTEC programme is delivered by an international team of trained, experienced Steiner-Waldorf teachers and/or qualified specialists. The course includes:

- tutorial support
- supervised lesson planning and curriculum development
- creative learning immersion

